



TLC Occupational Therapy



Heeling House



Group Skill-Building Sessions

Groups of 4-5 children (current/past TLC clients)

Two hour group events, \$150 each child

* Not billable to insurance providers

Generally the 1st Saturday of the month

* TLC clinic location (indoor/outdoor, weather permitting)

Build upon individual OT sessions



Benefits of Animal Assisted Therapy

- Improves attention with non-preferred tasks that seem too hard or boring
- Decreases cortisol levels, lowers anxiety and improves cognitive functioning
- Enhances prolonged involvement with sensory challenges
- Triggers the production of dopamine promoting continued engagement
- Serves as a motivator for new tasks, building confidence
- Encourages eye contact and interaction that might be lacking in social settings

* Individual animal-assisted sessions are also available to current clients